

## Appointments

If you are unable to keep your appointment, please call our office the day before to cancel or reschedule.

## Privacy and Feedback Policies

Privacy and Feedback policies are posted in our waiting rooms. Copies are available upon request.

## Nurse Practitioner-Led Clinic Hours

Monday to Friday 9:00  
am – 4:00 pm

(Extended Hours  
Tuesdays  
3:30-6:00pm)

Direct Phone Line:  
905.436.9945



## VISION

We envision mentally healthy people in a healthy society.

## MISSION

Our Mental Health and Primary Care Centre promotes and enhances the mental, emotional, and physical well-being of our community. We do this through education, collaboration, advocacy and the provision of a broad range of direct services that meet our community's needs

Canadian Mental Health Association  
Durham

60 Bond Street West  
Oshawa, ON L1G 1A5  
905.436.8760

Toll Free: 1-844-436-8760

Fax: 905.436.8761

[www.cmhadurham.ca](http://www.cmhadurham.ca)

[cmha@cmhadurham.org](mailto:cmha@cmhadurham.org)



Revised April 2013



Canadian Mental  
Health Association  
Durham

HELPING PEOPLE MOVE FORWARD



CMHA Durham

## Nurse Practitioner- Led Clinic



Full Primary Health Care and  
Specialized Mental Health  
Services for Clients and

Families





CMHA Durham

Nurse Practitioner-Led Clinic

The Nurse Practitioner-Led Clinic provides a full range of primary health care and specialized mental health services to clients and families seeking a primary care provider.

The Clinic is unique in that it is integrated within Canadian Mental Health Association Durham (CMHA Durham), and operates as a holistic community-based Hub to help people move forward.



 Ontario



**Our clinic includes  
onsite Bond Street  
Pharmacy!**

## Services Include:

- Telemedicine/Videoconference Program for Better Access to Specialists/Health Services
- Cancer Screenings
- HIV, STI, TB Testing
- Health Promotion & Education for Clients, Families, Staff and Community
- Addictions/Tobacco Cessation Program
- Diabetes Prevention & Management
- Heart Health/ECG Testing
- Lung Health Program
- Treatment of Illnesses
- Management of Chronic Conditions
- Acupuncture
- Foot care
- Light Therapy
- Immunizations
- Influenza Vaccination Campaign
- Prenatal and Well Child Care
- On-Site Laboratory
- Clozapine and Injection Services
- Outreach Health Services
- Transgender Medical Support