



Canadian Mental
Health Association
Durham
Mental health for all

Association canadienne
pour la santé mentale
Durham
La santé mentale pour tous

Phone: 905-436-8760 or Toll Free: 1-844-436-8760

Fax Number: 905-436-1569

Email: cmha@cmhadurham.org

Website: www.cmhadurham.ca

REFERRAL AND REQUEST FOR COMMUNITY MENTAL HEALTH SERVICES

Using this referral form, please select the program(s) that are most applicable.

Please contact us if you have any further questions or visit us online.

<input type="checkbox"/> Brief Case Management Services	For individuals seeking 1:1 support with a case manager
<input type="checkbox"/> Caregiver Case Management	Support specific to the individual caregiver with emphasis on education and relief for caregiver stressors for a period of up to 3 months.
<input type="checkbox"/> Housing and Case Management Services	Provides support to individuals with a mental health diagnoses living in the community, include individuals involved with the Criminal Justice System.
<input type="checkbox"/> Recovery College Wellness Centre	An educational approach to improving mental health with an emphasis on strengths. The program includes peer support and the opportunity to train to become a peer supporter.

Referral forms available from our website www.cmhadurham.ca. for the following services;

Assertive Community Treatment Team
Mental Health and Addictions Peer Support Program (MAPS)
Nurse Practitioner-Led Clinic (Primary Care)
Community Homes for Opportunity (CHO) *Formerly Homes for Special Care*

Client Information

First Name: _____ Last Name: _____ DOB: _____

Address: _____

Telephone: _____ Cell Phone: _____

Permission to Leave messages Permission to Text

Additional Comments: _____

How did you hear about CMHA Durham's Services _____

Self-Referral Community Agency

Community Agency Referral Source: _____

Telephone: _____ Fax: _____